



# ANNUAL REPORT 2019-20



## AADHAR FOUNDATION \* आधार फाउण्डेशन

“Rehabilitation & Inclusive Livelihood Resource Centre  
For Persons with Disabilities, Women & Child, Needy and Poor

निःशक्त व्यक्तियों, महिलाओं व बच्चों के लिए  
पुनर्वास एवं समावेशित आजीविका सन्साधन केंद्र

### Head Office

नरेन्द्र आयुष ढाबा के पीछे,  
पंचवटी वार्ड नं 48,  
परासिया रोड़, पोआमा,  
छिंदवाड़ा (म.प्र.) - 480001

Opp. Narendra Ayush Dhaba,  
Panchwati Ward No. 48,  
Parasia Road, Poama,  
Chhindwara (M. P.) – 480001

फोन नं. Phone No.: 08989173581, 09589609496

ई-मेल Email : aadhar.foundation@rediffmail.com, maheshkinth@rediffmail.com

वेबसाइट Website : www.aadharfoundation.weebly.com

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<b>ACRONYM</b>	:	<b>AF-RAILRC</b>
<b>FULL NAME</b>	:	<b>AADHAR FOUNDATION</b> <b>“Rehabilitation &amp; Development and Inclusive Livelihood Resource Centre”</b>

### **LAW UNDER ORGANIZATION HAS REGISTERED**

- Registered under Madhya Pradesh Govt. Firms & Societies Registration Act 1973, date 24/10/2011
- Regd. Under Foreign Contribution (Regulation) Act, 2010 by Ministry of Home Affairs, Govt. of India.
- Registered under Section 50 of Rights of Persons with Disability Act “RPWD Act” 2016 ( Section 52 of PwD Act 1995 - Equal Opportunity, Protection of Rights and Full Participation)
- Recognized by Social Justice & Disabled Welfare Department, Govt. of Madhya Pradesh
- Registered under 12 A (a) of Income Tax Act 1961 of Govt. of India
- Regd. under 80G of Income Tax Act 1961 of Govt. of India
- Regd. Under THE NATIONAL TRUST for the welfare of persons with Autism, Cerebral Palsy, Mental Retardation & Multiple Disabilities (Ministry of Social, Justice & Empowerment, Govt. of India)

### **INTRODUCTION & BACKGROUND**

“Aadhar Foundation is a registered charitable, not profit and non-govt. civil society organization.

**AF-RAILRC** prime motto is rehabilitation, development, capacity building, training for livelihood and welfare services to Intellectually & Physically Challenged, Women & Child, poor and needy of the society and to serve the poor and the under privileged, with special attention to Children with disabilities. The objective is to empower socially & economically through self reliance & independence by providing them quality health services, intervention, qualitative education, vocational training, advocacy for their cause, creating barrier free environment, lively hood activities and community based rehabilitation.

In 2010 Aadhar Foundation is founded by Social Activist Er. Mahesh Kinth with the association of like minded peoples and “Rehabilitation & Development and Inclusive Livelihood Resource Centre” was formally established in April, 2011. Primarily for the socio-economically deprived, so it was free, including food and stay for the absolute needy, Supported by personal contribution, individual donations and the community and which still continues.

The types of activities undertaken by the organization are Samarth-cum-Gharaunda Centre, Disha – Early Intervention & School Readiness Centre, Vikas - Day Care Centre, Gharaunda – Group Home for Adult, Rehabilitation & Development Centre and Special School for Persons with Intellectual & Developmental Disabilities, Girls Hostel for Children with Special Needs ( Class 1<sup>st</sup> – 8<sup>th</sup> ), Hostel for Girls with Disabilities ( 9<sup>th</sup> to 12<sup>th</sup> ), Home for Orphan & Destitute Girls, Sahyogi – Training for Care-takers, Niramaya – Health Insurance Programme, Legal Guardianship Programme, Hand Wash – Behaviour Change Programme, Inclusive skill Training Programme etc. with the support of Ministry of Education MP Govt. ( State / Distt. Education Centre ), Ministry of Women & Child Development, MP ( Distt. Women Empowerment Deptt.), Ministry of Social Justice, MP Govt., The National Trust ( Ministry of Social Justice & Empowerment, Deptt. of Welfare of Persons with Disabilities, Govt. of India ), Naman Seva Samiti, State Bank of India, Local Donors etc.

## VISION

Main streaming the Women, Child & Persons with Disabilities by Social Inclusion, Equal Opportunity, Protection of Rights and Full Participation.

## MISSION

To provide quality health services, education, vocational training and advocacy for their rights & entitlements to make them empower, self reliant & self dependent through the combined efforts of themselves, families, community, stakeholders and likeminded Govt. & Non-Govt. Agencies.

## PATH TO THE VISION & MISSION

To educate & develop ecosystem which empathises, participates and support the integration into the mainstream through empowerment & rightful entitlement by providing quality health services, special education, vocational training, therapies, counselling & guidance and advocacy at Aadhar Foundation.

## GOAL

To reduce the possibility of Disability and severity of the Children with Disabilities among the far-flung rural areas and over all development & rehabilitation and empowerment of Women, Persons with Disabilities by involving community, parents and caregivers and other stake holder.

## STRATEGY

A sustainable strategy is devised to achieve maximum need based and right based approach initiated ascertains the problems with fully community involvement. The programme goal are materialized with a helping hand from members, donors, funding agencies and philanthropists.

## OVERALL OBJECTIVES

1. AADHAR FOUNDATION is a movement for Rights & Entitlements for Women & Child and Persons with Disabilities.
2. To work for the rehabilitation & development of Persons with Disabilities as Intellectual & Developmental Disabilities, Blind, Visually Impairment, Cerebral Palsy, Autistic, Deaf, Hearing Impairment, Learning Disabilities, Speech & Language Disabilities through Community Based Rehabilitation and establishing Homes, Day Care Centers, Special Schools, Vocational Training Centre and Rehabilitation Institutes.
3. To work for the holistic & over all development of Women, Children of urban slum & rural areas.
4. To implement programmes / activities for over all development of SC, ST, Other Backward Classes, Minorities and Youths & Adolescents of all section of society and to implement programmes / activities for Elderly Persons to live comfortable life with dignity and honour.
5. To aware the community for AIDS / HIV and De-addiction ( Against Drug Abuse) and implement programmes for the rehabilitation of Addict and AIDS / HIV positive Person.
6. To aware the people for their Better Health, Hygiene & Sanitation to build a Healthy Nation.
7. To motivate the people to protect environment and re-establishment of Traditional Values of Agriculture Rural Development.

## SPECIFIC OBJECTIVES

- Early Identification & Intervention to reduce percentage of disabilities and number of persons with disabilities specially in rural far-flung areas..
- To create healthy environment and awareness among the Rural & Urban Community for the Persons with Disabilities (PWDs) through Training, Advocacy, Awareness / Relief Activities and Camps.
- To promote the educational activities among the disabled children.

Contd..Specific Objectives

- To provide required aids and appliances to the persons with disabilities with the support of Govt. and other agencies.
- To form Self Help & Advocacy Group (SHAG) and Disabled Person Organisation (DPO) of persons with disabilities, strengthen them.
- To encourage volunteer action for ensuring effective implementation of the legal provisions and welfare schemes meant for the PwDs.
- To develop content for rehabilitation of different types of disabilities.
- To provide support for effective grievance redressal.
- To create an enabling environment for social inclusion of the PwDs in all fields of life by providing equal opportunities, equity & social Justice and to ensure confidence building in the PwDs so that, they can realise their aspirations.
- To support spreading awareness about universal accessibility by creating an enabling and barrier-free environment that include accessible buildings, accessible transport, accessible websites and carrying out accessibility audit.
- To promote individual excellence in the field of disability sector.
- To promote relevant activity/activities relating to creating awareness in the field of disability sector.

<b>ORGANIZATIONAL VALUES</b>	<b>AREA OF FOCUS</b>
<ul style="list-style-type: none"> <li>➤ Respect for individual</li> <li>➤ Honesty</li> <li>➤ Integrity</li> <li>➤ Transparency in all transactions</li> <li>➤ Creativity</li> <li>➤ Accountability to all the actions</li> <li>➤ Gender sensitivity</li> <li>➤ Cost Efficiency</li> </ul>	<ul style="list-style-type: none"> <li>• Empowerment of Persons with Disabilities</li> <li>• Rights of Child especially Differently Abled Children</li> <li>• Education and Special Education &amp; Training</li> <li>• Early Identification &amp; Intervention</li> <li>• Pre-vocational &amp; Vocational Training</li> <li>• Health, Hygiene and Sanitation</li> <li>• Water Literacy</li> <li>• Women Empowerment &amp; their Rights</li> <li>• Youth Empowerment</li> <li>• Community Physical Infrastructure</li> <li>• Free Legal Aid and Education</li> <li>• Democracy</li> </ul>

### **AADHAR FOUNDATION ASSOCIATIONS / PARTNERS**

- Ministry of Social Justice, MP Govt. ( Social Justice & Disabled Welfare Deptt.)
- The National Trust ( Ministry of Social Justice & Empowerment, Deptt. of Welfare of Persons with Disabilities, Govt. of India )
- Naman Seva Samiti, Betul (MP)
- Clubs, Mahila Mandals, Individual Donors etc.

**PROGRAMMES IMPLEMENTED**

For Persons with Intellectual Challenges, Cerebral Palsy, Autism and Multiple Challenges -

- ❖ **SPECIAL SCHOOL** ( No. of Beneficiaries - 70, Residential – 20 & Non-residential – 50 )
- ❖ **SAMARTH-CUM-GHARAUNDA CENTRE** ( No. of Residential Beneficiaries - 28 )
- ❖ **AADHAR REHABILITATION & DEVELOPMENT CENTRE** ( No. of Beneficiaries - 30 )
- ❖ **INCLUSIVE SKILL DEVELOPMENT TRAINING** - For Persons with Disabilities, Needy and Poor

**BROAD ACTIVITIES UNDERTAKEN**

➤ **EARLY IDENTIFICATION & INTERVENTION**

Early intervention therapy mainly focuses on the children between the age group of 0-6 years. It is a process of detecting, assessing, diagnosing and treating the children with developmental delay during the early phase. These services focus on prevention, remediation and treatment to foster all round development provided by a multi-disciplinary team of experts.



➤ **SPECIAL EDUCATION & PRE-SCHOOLING**

It helps manage the specific needs of children with intellectual challenges. **Special Schools** is school specifically designed, staffed and resourced to provide appropriate education for children with special needs.



➤ **OCCUPATIONAL THERAPY AND TRAINING FOR DAILY LIVING SKILLS**

It helps develop and maintain skills for daily living. It is long-term and

focuses on dressing, toileting, washing, brushing, feeding, play, other personal activities,.....

➤ **PHYSIOTHERAPY** or physical therapy focuses on mobility, physical activity and overall health and well-being.



➤ **COUNSELLING, ADVOCACY & GUIDANCE**

It helps parents, guardian, caregivers and children with challenges talk about problems and feelings in a confidential setting.

➤ **AUDITORY THERAPY AND SPEECH THERAPY**

It helps children with delay development having speech and language problems to speak more frequently and clearly.



➤ **BEHAVIOUR MODIFICATION TRAINING**

It helps the children to modify their behavior problems as ADHD – attention deficit hyper activity disorder, hurting / biting self or others, abnormal behavior, fear, irritation, disobedience etc

➤ **PRE-VOCATIONAL TRAINING**

It helps PwDs to know and vocational activities and prepare for employment.



➤ **VOCATIONAL THERAPY-** It helps individuals gain productive employment by developing skills and identifying appropriate jobs.

➤ **NIRAMAYA – HEALTH INSURANCE PROGRAMME AND LEGAL GUARDIANSHIP**

The objective of NIRAMAYA is to provide affordable Health Insurance to Persons with Autism, Cerebral Palsy, Mental Retardation and Multiple Disabilities.

In the chairmanship of Distt. Collector Aadhar Foundation has provide Legal Guardianship to the Persons with Intellectual, Cerebral Palsy, Autism & Multiple Disabilities above 18 years to save them for their exploitation.



❖ **INCLUSIVE LIVELIHOOD RESOURCE CENTRE**

(SKILL TRAINING CENTRE - STITCHING, CUTTING & TAILORING, BEAUTY PARLOR ETC.)

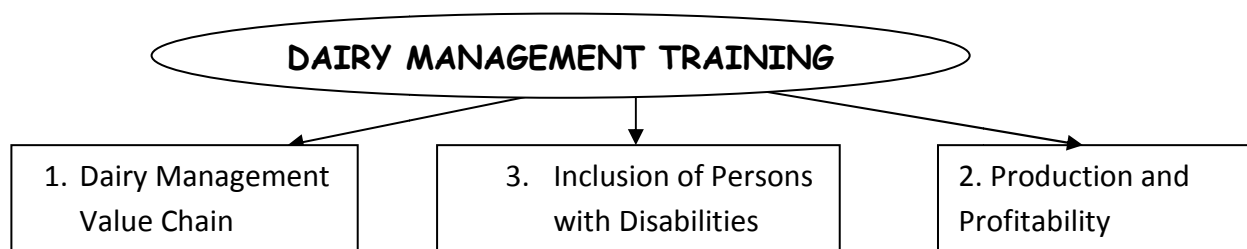
The organization has provide skill training as Stitching, Cutting & Tailoring, Beauty Parlor etc. to women with Disabilities, parents of children with intellectual, developmental & multiple disabilities and needy & poor women of rural far-flung areas.





The main aim and objective of this programme is -

- Main streaming women with Disabilities, parents of children with intellectual, developmental & multiple disabilities and needy & poor women of rural far-flung areas so that they live their lives with honour and dignity.
- To provide self employment to them.
- To make self dependent reliant
- Social and Economic Development of WwDs and their parents.



1. Dairy Management Value Chain

- Procurement of Animals
- Health Care / Preventive Care
- Milk Production
- Insurance Procedure
- Fodder Management
- Milk Marketing Value Chain
- Appropriate utilization of cow dung, urine by organic composting and paste replant



2. Production and Profitability

Dairy farming ( Cow or Buffalo Milk farm ) is profitable but the profitability depends on very many factors. Major capital expense is towards land, building, equipments and animals. Except animals, all the others are " dead / unproductive" investments with no income streams and depreciating ones.

3. Inclusion of Persons with Disabilities

In Dairy Persons with Disabilities involve in fodder management, milking, hygiene and cleaning, marketing, grazing of animals et.



## ❖ WATER LITERACY ACTIVITIES

The Organization – Aadhar Foundation organised many programmes as Awareness and orientation programs for members of Inclusive self Help Groups, Panchayatiraj Institution members, General community etc, Workshop for students, Awareness program for farmers etc on the subject Water Literacy.

### GOAL OF WATER LITERACY PROGRAMME

The organization's goal is to make India a "water efficient nature" by raising awareness about water scarcity and establishing rain water harvesting in rural as well as urban areas.

### AWARENESS AND ORIENTATION PROGRAMMES FOR WATER LITERACY

The AADHAR FOUNDATION organised programme for the member of inclusive self help group in rural as well as urban areas to aware them for water conservation, water harvesting, importance of water, how they can save the water etc. Water literacy is defined as the ability to feel familiar with water, get actively involve in water and face the issue of water. In the program the organization cover community members and took oath to save the water and to aware the community for same cause.



### AWARENESS AND ORIENTATION PROGRAMMES FOR FARMERS

The organization has created water literacy among the masses especially farmers of far-flung areas and motivate them to actively take up recharging of wells, technical farming where water use is less, save the water etc.

### WATER LITERACY CAMPAIGN TO CREATE AWARENESS OF WATER CONSERVATION AMONG THE STUDENTS



The campaign aims at improvising the knowledge of student as well as perfect regarding important of water, prevention of water pollution, water conservation and laws related to water management.

The water literacy workshop prepares

student to understand, participate and disseminate information to bring about positive environmental changes on a personal level.



## ❖ HAND WASH BEHAVIOUR CHANGE PROGRAMME

A joint venture of Hindustan Unilever and Naman Sewa Samiti  
(Through Community and mothers engagement )



The main goal of this programme is to reduce diseases and IMR through change in behavior of the community to wash hand by soap by engagement of Mothers Community, School going children, school teachers, Aganwadi Staff, Asha Workers and community.

In this the trained volunteers of the organization organized the group meetings to trained and orient regarding Steps of Hand wash by Soap and occasion of Hand Wash at schools, aganwadi centers, community places first and do two visits at schools, aganwadi centers and door to door in a seven days cycle.

The following procedure is adopted to implement the this campaign –

1. Glo Germ Demo
2. Group Pledge for Hand Wash Practice
3. Reinforcement – One Mother Community Meeting, Schools, Aganwadi Centres and Community & two Home and School visits by Motivators
4. Rewards



## SUCCESS STORY

Meet our cute Vandana Kumare, who would be celebrating her 9th birthday on the 29th of this month !!

The Aadhar vehicle brought her to the rehabilitation centre on 10th June, 2016. She could not sit properly, so standing or walking was out of the question. With mental challenges and multiple disabilities, she would soil her clothes, could not understand or speak, drooling without control and crying incessantly.



Today, she walks almost 50 feet unaided, is able to indicate and call for her hygiene and ablution needs, recognise her belongings, eat on her own, smiles and can say 'Papa-Maa' !!!!!!!

Vandana's parent are tribals and work as daily labourers at a brick kiln and have a temporary blue polythene shade for a house. Vandana was subjected to treatment for Black Magic, "Jhar fook" was desecrated as the curse of the goddess.

We had discovered Vandana while canvassing door to door to educate people against such beliefs / practices and on the possibilities of rehabilitating the mentally challenged. It took us multiple visits and more than a year for Vandana's parents to finally send her to Aadhar Foundation.



